



Our Vision at Our Lady of Lourdes is to ensure all children enjoy and develop positive attitudes to Physical Education and Sport.

Through Physical Education and Sport we aim for our children to have:

**S** kills set to improve their fitness, health and well-being

**P** .E. lessons of high quality

**O** pportunities to participate in competitive sport

**R** egular physical activity through a broad range of sports

**T** he confidence to fulfil their sporting potential